

Junior Class College Night

Mullen High School

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Overview

- Junior Year Timeline
 - Naviance
 - Criteria Colleges Use for Acceptance
 - College Exploration
 - Testing
 - Deadline/Decision Terminology
 - The College Application List
 - Tips for Success
 - Student-Athletes & the NCAA/NAIA
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What to expect by December...

- Junior Class College Night – tonight!
 - Naviance 101 – small group classes – August/September
 - JET College Fair + Mock College Admissions Workshop – September 5th
 - PSAT Prep Seminar, Sept. 16: www.prepforthefuture.com
 - PSAT – Oct. 10th
 - Naviance 102 – small group classes – November
 - College Rep visits (100+, September-November)
 - PSAT Results – Online Score Reports available December 10-12th through the College Board website
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What to expect beginning in January...

- Individual meeting with your College Counselor – January thru April
 - ACT Prep Seminar, TBA (March)
 - Denver Spring College Fair – TBA
 - 19th Annual Catholic College Fair – TBA
 - College application essay draft in English III B (T2 or T3) with the College Counselors
 - Letters of recommendations in April – Junior Level Meeting
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Naviance

www.connection.naviance.com/mullen

- Sign up for college rep visits
 - Build an activities résumé
 - Complete on-line surveys
 - Manage timelines and deadlines for making decisions about colleges
 - Compare GPA, ACT/SAT scores, and other statistics to actual historical data from our school for students who have applied and been admitted in the past
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Criteria Colleges Use for Acceptance

1. Academic Record
 2. College Admission Standardized Test Scores (ACT, SAT and SAT Subject Tests)
 3. Extracurricular Activities and Work Experience
 4. Teacher and Counselor Recommendations
 5. Essays
 6. Special Talents and Characteristics
 7. Optional: Interview/Demonstrated Interest
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What to be thinking about now...

- Do your homework and study! Focus on your academic performance.
 - Get to know your teachers! You'll be asking junior teachers for recommendations this spring.
 - Stay involved in extracurricular activities. If you have a new interest, pursue it!
 - Plan college visits (formal or informal) during school breaks. Attend college fairs in your area.
 - Consider size, location, degrees offered, reputation, selectivity, family connections, majors, and extracurricular offerings to determine what type of school may be a good match.
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But wait!

Education for a World Stage

- Macalester College

Education for an Inspired Life

- Fairfield University

Education for Service

- Langston University

Education for Individual
and Social Responsibility

- Olivet College

Education on Your Terms

-Ashworth College

Your Future. Our Mission.

- Missouri U of Science & Tech

Your Future, Our Focus

- Northwest College

Your Future Is Our Future

- Louisiana State U at Alexandria

Imagine Your Future

- Franklin University

Walk Into Your Future

- William Woods University

Your Future Starts Here

- College of Southern Nevada

College Exploration & Visits

College Exploration

- Naviance College Search tool
- College Representatives visiting Mullen
- College Fairs

Visits

- Start Local
- Plan Ahead
- Research the College Before You Visit
- Go on a Scheduled Tour
- Do your Homework!
- Keep Notes and Reflect On What You've Seen

To get "Straight As" in your College Search, consider:

- Academics
 - Atmosphere
 - Affordability
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Trivia Time!

Which college holds a trademark on the term “Genius Juice?”

- A. California Institute of Technology
 - B. Harvey Mudd College
 - C. Colorado School of Mines
 - D. Rensselaer Polytechnic University
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Trivia Time!

What school's mascot is the Flying Dutchman?

- A. Air Force Academy
 - B. Hope College
 - C. North Dakota State University
 - D. Macalester College
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Trivia Time!

What school has had the most students who have competed in the Olympics?

- A. Stanford University
 - B. University of North Carolina
 - C. University of Michigan
 - D. University of Texas
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Trivia Time!

What percentage of schools are considered “selective” (i.e. they deny more applicants than they admit)?

- A. 80%
 - B. 65%
 - C. 40%
 - D. 20%
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ACT, SAT, & SAT Subject Tests

ACT or SAT for me?: <https://www.kaptest.com/inside-the-tests/act-vs-sat>

| | ACT | SAT | SAT Subject Tests |
|-----------------------|---|--|----------------------|
| Sections: | Math, Reading, English, Science, Optional Essay | Math, Evidence-based Reading & Writing, Optional Essay | Varies |
| Composite Score | 1-36: (M+R+E+S)/4 | 400-1600: (M+EBRW) | 200-800 |
| Sub-scores | 1-36 | 200-800 | n/a |
| Length of time | 2h55m (no essay) or 3h40m (with essay) | 3h (no essay) or 3h50m (with essay) | 1h |
| Penalty for Guessing? | No | No | Yes |
| Use of calculators | All math | Most math | When applicable |
| Essay | 40m, perspectives on an issue | 50m, analysis of how an author constructs an argument | Only Multiple-choice |

What to know about Testing

- Review score results from the October PSAT when available in December to determine what kind of test prep you may need. See your College Counselor to discuss your individual testing-taking strategy.
 - Prepare for the ACT/SAT and review upcoming test dates.
 - Register for the SAT Subject tests (if needed) this year.
 - Test Prep at Mullen!
 - Sun., Sept. 16, 2018 – SAT/PSAT prep, Rilko – Register: www.prepforthefuture.com
 - Sun., Oct. 7, 2018 – ACT prep, Rilko – Register at www.prepforthefuture.com
 - March TBA, 2019 – ACT prep, Rilko – Register at www.prepforthefuture.com
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What to know about Testing

- Registration – School code: **060-600**
 - www.actstudent.org or www.sat.collegeboard.org
 - Juniors should begin taking the ACT, SAT, and SAT Subject Tests (if applicable) in the winter/spring of their junior year.

 - Non-Report Testing Options
 - Over 1000 four-year colleges and universities deemphasize the use of standardized tests in making admissions decisions by offering waiver or non-report options.
 - For a complete listing of schools with Non-Report Testing Options, go to www.fairtest.org/university/optional
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Upcoming Tests

ACT

- December 8, 2018
- February 9, 2019
- April 13, 2019
- June 8, 2019
- July 13, 2019
- September 14, 2019
- October 26, 2019
- December 14, 2019

SAT

- December 1, 2018 (SAT & Subject Tests)
 - March 9, 2019 (SAT only)
 - May 4, 2019 (SAT & Subject Tests)
 - June 1, 2019 (SAT & Subject Tests)
 - August 24, 2019 (SAT & Subject Tests)
 - October 5, 2019 (SAT & Subject Tests)
 - November 2, 2019 (SAT & Subject Tests)
 - December 7, 2019 (SAT & Subject Tests)
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Upcoming Tests – Scenario 1

ACT

- December 8, 2018
- February 9, 2019
- (April 13, 2019)
- June 8, 2019
- July 13, 2019
- September 14, 2019
- October 26, 2019
- December 14, 2019

SAT

- December 1, 2018 (SAT & Subject Tests)
 - March 9, 2019 (SAT only)
 - May 4, 2019 (SAT & Subject Tests)
 - June 1, 2019 (SAT & Subject Tests)
 - August 24, 2019 (SAT & Subject Tests)
 - October 5, 2019 (SAT & Subject Tests)
 - November 2, 2019 (SAT & Subject Tests)
 - December 7, 2019 (SAT & Subject Tests)
-

Upcoming Tests – Scenario 2

ACT

- December 8, 2018
- February 9, 2019
- April 13, 2019
- June 8, 2019
- (July 13, 2019)
- (September 14, 2019)
- October 26, 2019
- December 14, 2019

SAT

- December 1, 2018 (SAT & Subject Tests)
 - March 9, 2019 (SAT only)
 - May 4, 2019 (SAT & Subject Tests)
 - June 1, 2019 (SAT & Subject Tests)
 - (August 24, 2019) (SAT & Subject Tests)
 - (October 5, 2019) (SAT & Subject Tests)
 - November 2, 2019 (SAT & Subject Tests)
 - December 7, 2019 (SAT & Subject Tests)
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Upcoming Tests – Scenario 3

ACT

- December 8, 2018
- February 9, 2019
- April 13, 2019
- June 8, 2019
- (July 13, 2019)
- (September 14, 2019)
- October 26, 2019
- December 14, 2019

SAT

- December 1, 2018 (SAT & Subject Tests)
 - March 9, 2019 (SAT only)
 - May 4, 2019 (SAT & Subject Tests)
 - June 1, 2019 (SAT & Subject Tests)
 - (August 24, 2019) (SAT & Subject Tests)
 - (October 5, 2019) (SAT & Subject Tests)
 - November 2, 2019 (SAT & Subject Tests)
 - December 7, 2019 (SAT & Subject Tests)
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Deadline/Decision Terminology

NON-BINDING

(have until May 1 to commit if admitted)

- Early Action
- Restrictive Early Action
- Single Choice Early Action
- Priority
- Regular Decision
- Rolling

BINDING

(commit to attend if admitted)

- Early Decision
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The College Application List

- The average number of colleges to which a Mullen student applies is five.
 - It is recommended that students *diversify* their list of colleges, applying to schools ranging from most likely to be accepted to those that are a reach.
 - Foundation
 - Target
 - Reach
 - Statistics from the previous year's admission pool for that college are good measures to compare your credentials (i.e., Average SAT/ACT score, Average GPA, Percentage of Applicants admitted).
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Tips for Success

- Create a “professional” email
 - Have a responsible social media presence
 - Start a college binder/file system
 - Start tracking awards, activities, etc.
 - Track schools of interest, visits, contacts
 - Keep testing results
 - Keep master list of all login and passwords for:
 - ACT/SAT website accounts
 - Applications
 - Scholarship services
 - Naviance
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Navigating the Noise

- Enjoy “window shopping” for college!
 - Everyone has an opinion
 - “To Tweet or Not to Tweet?”
 - There’s a Ranking for everything... What do they mean?
 - Breathe
 - Stay healthy
 - Sleep
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Remember...

*College is a match to be made
not a prize to be won.*

– Frank Sachs

Questions?

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Brochures by the College Counseling office – please take them!

Things to Consider for future collegiate Student-Athletes

- Level of Participation and Competitiveness:

- Intramural
- Club
- Varsity
 - NCAA DI, DII, DIII
 - NAIA

- Fit with:

1. The College/University
 2. The Program
 3. The Team
 4. The Coach
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Do Your Research

- Who is already on the team?
 - How does my size compare?
 - How do my times/achievements compare?
 - Where did current players go to high school? How competitive are the high school programs this college recruits from?
 - What year are the players in my position? Will they be graduating players from my position soon? What is their depth at my position?
 - Also consider:
 - Will they recruit under me? Is there a chance the recruits from the class below me will beat me out for a spot on the roster?
 - Will I get playing time? Do I want to be a 4-year starter, or am I ok with competing for a spot each year?
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Student-Athletes and Logistics: the NCAA/NAIA Eligibility Centers

- Student Responsibilities:
 - Register with the NCAA and/or NAIA Eligibility Center by May 1 of Junior Year:
 - NCAA: <https://web3.ncaa.org/ecwr3/>
 - NAIA: <https://www.playnaia.org/eligibility-center>
 - Be sure to list Mullen as your high school.
 - Send one ACT/SAT to the Eligibility Center that is high enough to be eligible.
 - NCAA: 9999
 - NAIA: 9876
 - Pay the fee or see your College Counselor if you believe you are eligible for a fee waiver.
 - Mullen Responsibilities:
 - We automatically send an official transcript to once you are registered and again after you have graduated.
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NCAA Qualifiers

| | Qualifier (including Early Academic Qualifier*) | Academic Redshirt | Non-Qualifier |
|--------------|--|----------------------|---------------|
| Scholarship? | Yes | Yes | No |
| Practice? | Yes | Yes | No |
| Compete? | Yes | No | No |

*Early Academic Qualifier: By end of Junior Year you have:

- 3.0+ core course GPA in 14 core courses
 - Minimum 900 SAT or 75 ACT sum score
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NCAA Core Courses & Core GPA

- Core Courses are:
 - Math, Science, English, Social Studies, Language (& Comparative Religion only)
 - Core Courses are NOT:
 - Art, Music, PE, Theology, Computer Science, Business, etc.
 - The GPA/Quality points of the Core GPA is a 4.0 unweighted scale:
 - A=4.0 B=3.0 C=2.0 D=1.0
 - “Year” = 2 Trimesters = 1.0 of a Core Course = 2, 0.5 Core Courses
 - The 10/7 Requirement for Mullen students:
 - “10 of 16 core courses completed before trimester 9, aka end of junior year”
 - = “10 of 16 core courses completed before semester 7”
 - Courses can be repeated or replaced as long as they are in addition to the minimum 10 core classes by end of junior year
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NCAA Eligibility: eligibilitycenter.org

NCAA Division I Qualifier:

Must complete 10 Core Courses by the end of junior year.

- Of the 10 Core Courses completed, seven must be in the area of English, math, or science.
- These 10 Core Courses become “selected” for the purpose of GPA calculation.

Minimum Requirements:

- Complete the required 16 core courses.
- Earn a 2.300 GPA or better in your core courses.
- Earn a Minimum SAT or ACT score that matches the 16 Core Course GPA on the full qualifier sliding scale.

NCAA Division I Qualifier: 16 Core Courses in the following areas:

- 4 years English;
 - 3 years math at Algebra I level or higher;
 - 2 years natural or physical science (one lab if offered at any high school attended);
 - 1 year additional English, math or natural/physical science;
 - 2 years social science; and
 - 4 years additional from areas above or foreign language, philosophy or comparative religion.
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NCAA Eligibility: eligibilitycenter.org

NCAA Division II Qualifier:

Must complete 10 Core Courses by the end of junior year.

- Of the 10 Core Courses completed, seven must be in the area of English, math, or science.
- These 10 Core Courses become “selected” for the purpose of GPA calculation.

Minimum Requirements:

- Complete the required 16 core courses.
- Earn a minimum 2.200 GPA or better in your core courses.
- Earn a Minimum SAT or ACT score that matches the 16 Core Course GPA on the full qualifier sliding scale.

NCAA Division II Qualifier: 16 core courses in the following areas:

- 3 years English;
 - 2 years math at Algebra I level or higher;
 - 2 years natural or physical science (one lab if offered at any high school attended);
 - 3 years additional English, math or natural/physical science;
 - 2 years social science; and
 - 4 years additional courses (from any area above, foreign language or comparative religion/philosophy).
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Qualifying for NCAA DIII:

NCAA DIII Qualifiers

- ❑ Each college has their own set of admissions standards
- ❑ No “athletic scholarships,” but... *“75% of DIII student-athletes receive some form of merit or need-based financial aid*”*

Source: p. 17: “2017-2018 Guide for the College-Bound Student-Athlete”:
<http://www.ncaapublications.com/productdownloads/CBSA18.pdf>

- ❑ STUDENT-athletes
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Qualifying for NAIA:

NAIA Qualifiers

- Early Qualifiers need a 3.0 by end of junior year (or 2.5 GPA by the first half of senior year) and to have either an 18 composite or a 860 SAT.
 - Qualifiers need a 2.0 and 18/970.*
 - **EXCEPTION: ACT tests taken March 1, 2016 through April 30, 2019 require a composite score of 16. SAT tests taken March 1, 2016 through April 30, 2019 require a score of 860.*
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Student-Athletes & Recruitment

1. Register for an ACT/SAT soon. College coaches will want to know your initial scores and transcript to see if they can recruit you.
 2. Sign the Mullen Transcript Release Form. This provides us with permission to release your transcript to college athletic coaches upon request.
 3. Recruiting calendars vary by sport! Check the *NCAA Guide for the College-Bound Student-Athlete* to understand the guidelines for when you can call/text with coaches or visit campus.
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Student-Athletes and Recruitment (cont'd)

4. Speak with your current athletic coach to find out those divisions/conferences where they think you can play. Consider what level is right for you.
5. Have an online Player Profile (ex. berecruited.com) that you can email to coaches.
6. Have a *Spreadsheet* to keep track of who you are contacting and how often.
7. Reach out to coaches via *email* with your Player Profile and upcoming schedule.
8. Complete Athletic Questionnaires on a colleges' websites.
9. Reach out! Follow-up! Don't wait for them to contact you!

Should I sign an NLI?

The National Letter of Intent (NLI) – NCAA colleges

1. You are agreeing to attend a Division I or II college for one academic year.
2. The college agrees to provide you with athletics financial aid for a minimum of one academic year *as long as you are admitted to the school* and are eligible for financial aid under NCAA rules.
3. The NLI is voluntary and not required for you to receive financial aid or participate in sports.
4. Signing an NLI ends the recruiting process because coaches are prohibited from recruiting you if you have signed an NLI with another school.
5. If you sign an NLI but decide to attend another school, it is up to the school's discretion whether to release you from your NLI.

Source: p. 4: "2018-2019 Guide for the College-Bound Student-Athlete":
<http://www.ncaapublications.com/productdownloads/CBSA19.pdf>

Other Resources for Student-Athletes:

NCAA Core Course information: <http://www.ncaa.org/student-athletes/future/core-courses>

NCAA Student-Athlete FAQ Search:
<http://www.ncaa.org/student-athletes/future/student-athlete-faq-search>

NAIA Information:
<https://www.playnaia.org/page/earlydecision.php>

NAIA Student-Athlete FAQ:
<https://www.playnaia.org/page/faqs.php>
